“... some of the key evidence is presented that childhood relational adversity and "maltreatment", including overt psychological trauma, as well as broader social dysfunction, are the major causes of most mental disorder, along with the implications for relationally-based treatment approaches founded upon such understandings.”

OLIVER JAMES

“... Increased understanding of the widespread role of emotional traumas, especially those embodied early and preverbally as deeper, unconscious, procedural memories in subcortical systems, sets out a major paradigmatic challenge to both conventional biomedical and cognitive behavioural approaches (including those ostensibly trauma-focussed), as well as to more relational talking therapies.”

FRANK CORRIGAN AND ALASTAIR HULL

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